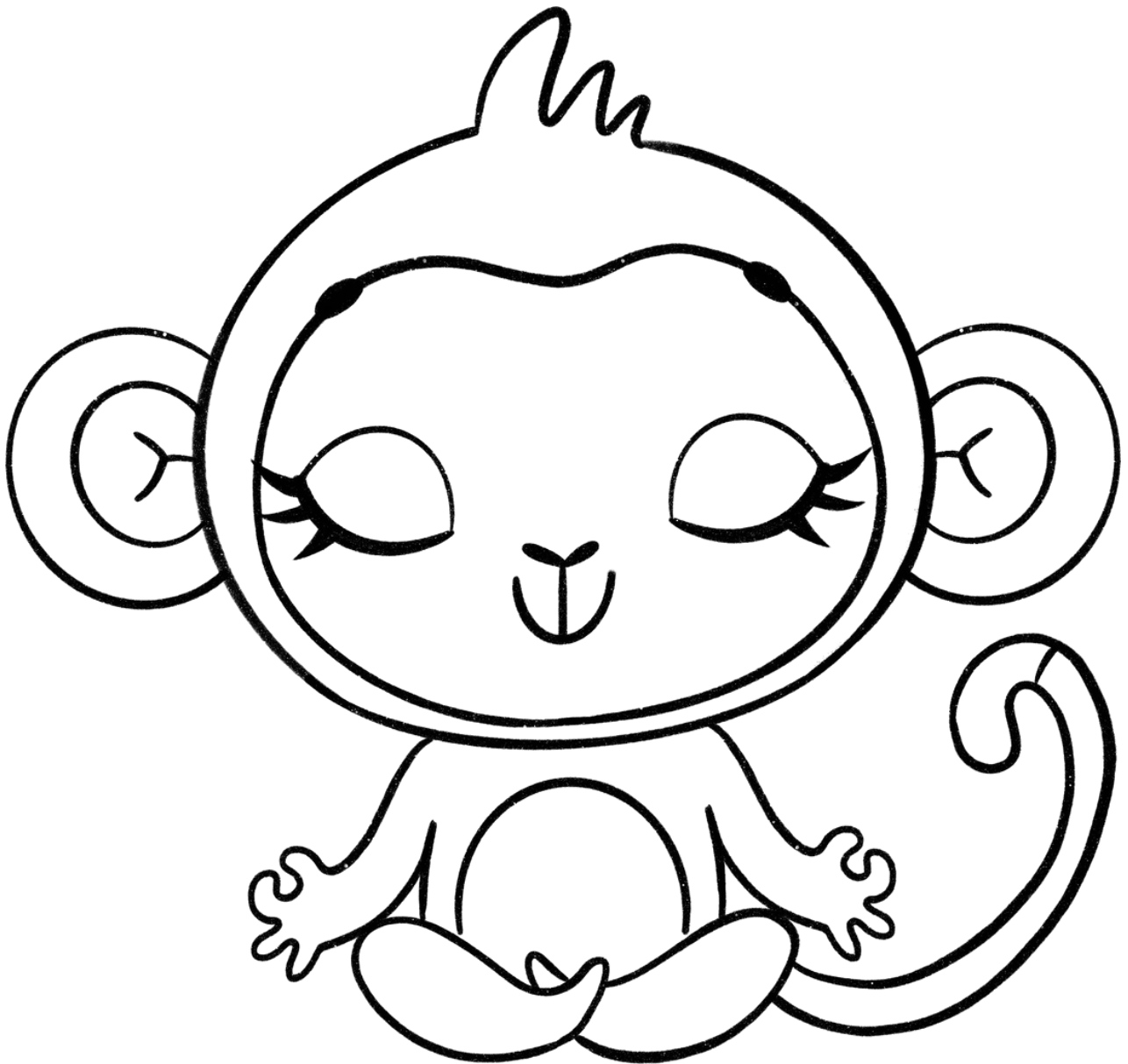


POSITIVE AFFIRMATIONS

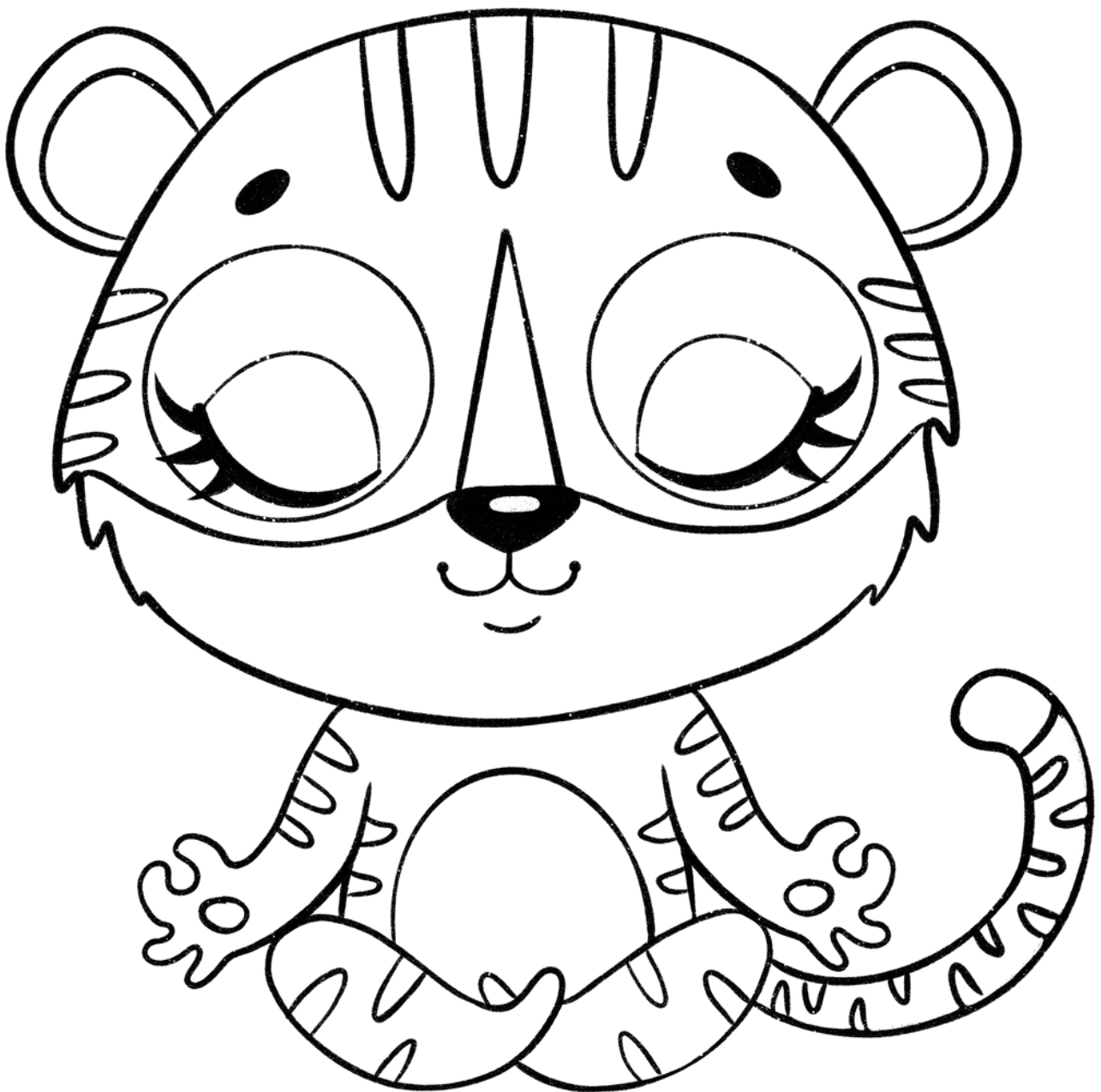


MINDFUL ANIMALS

I AM
mindful



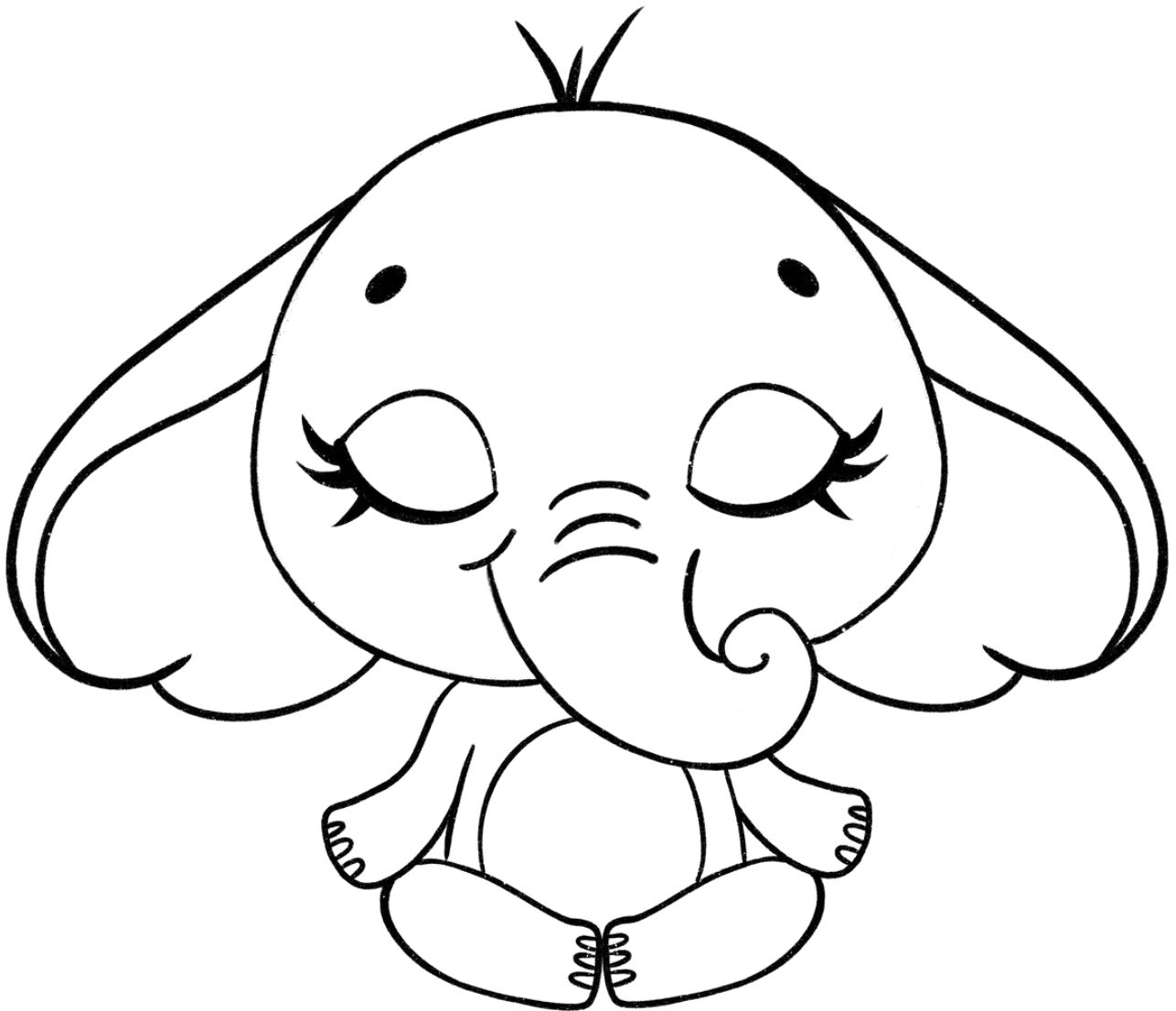
I AM
respected



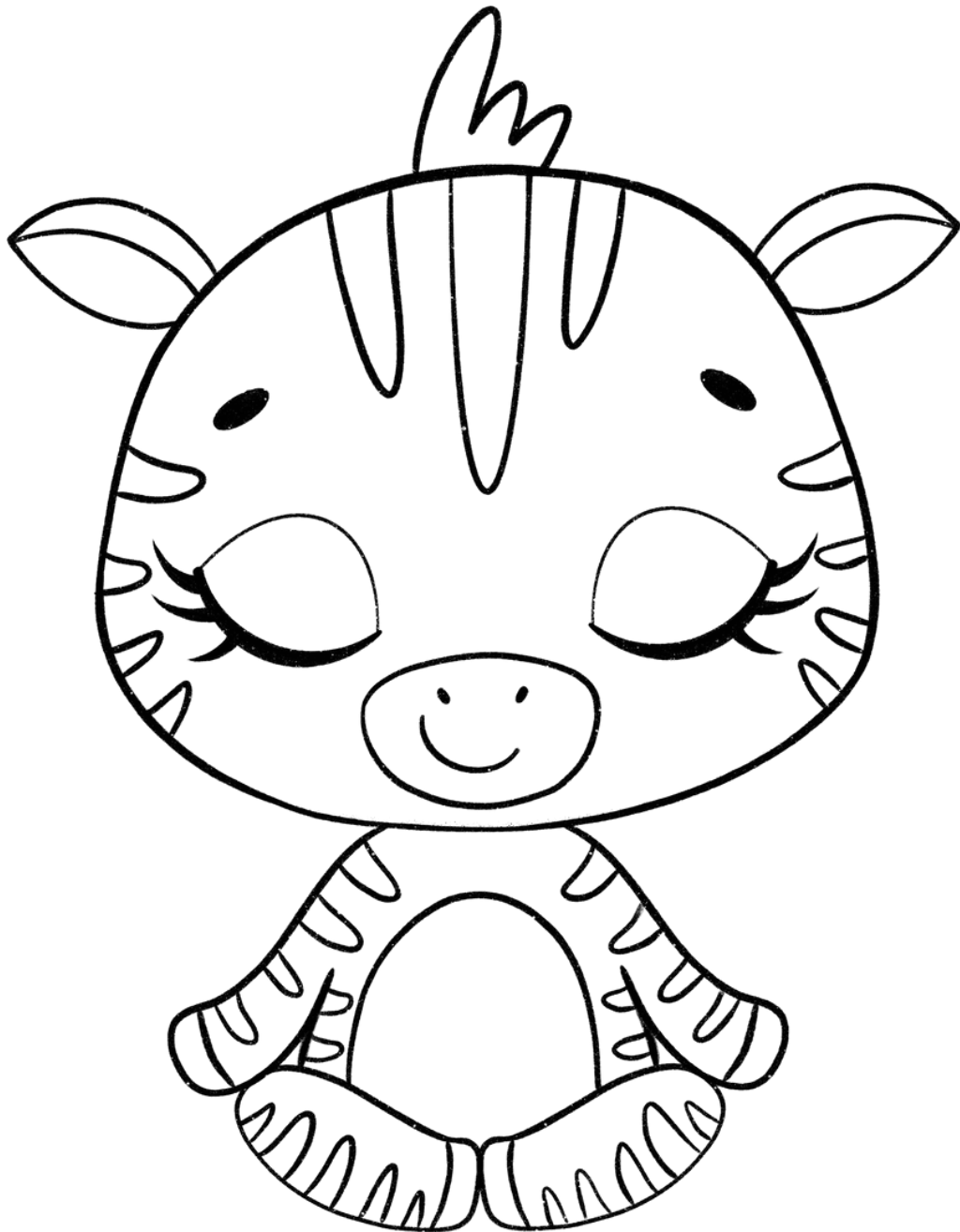
I AM
valued



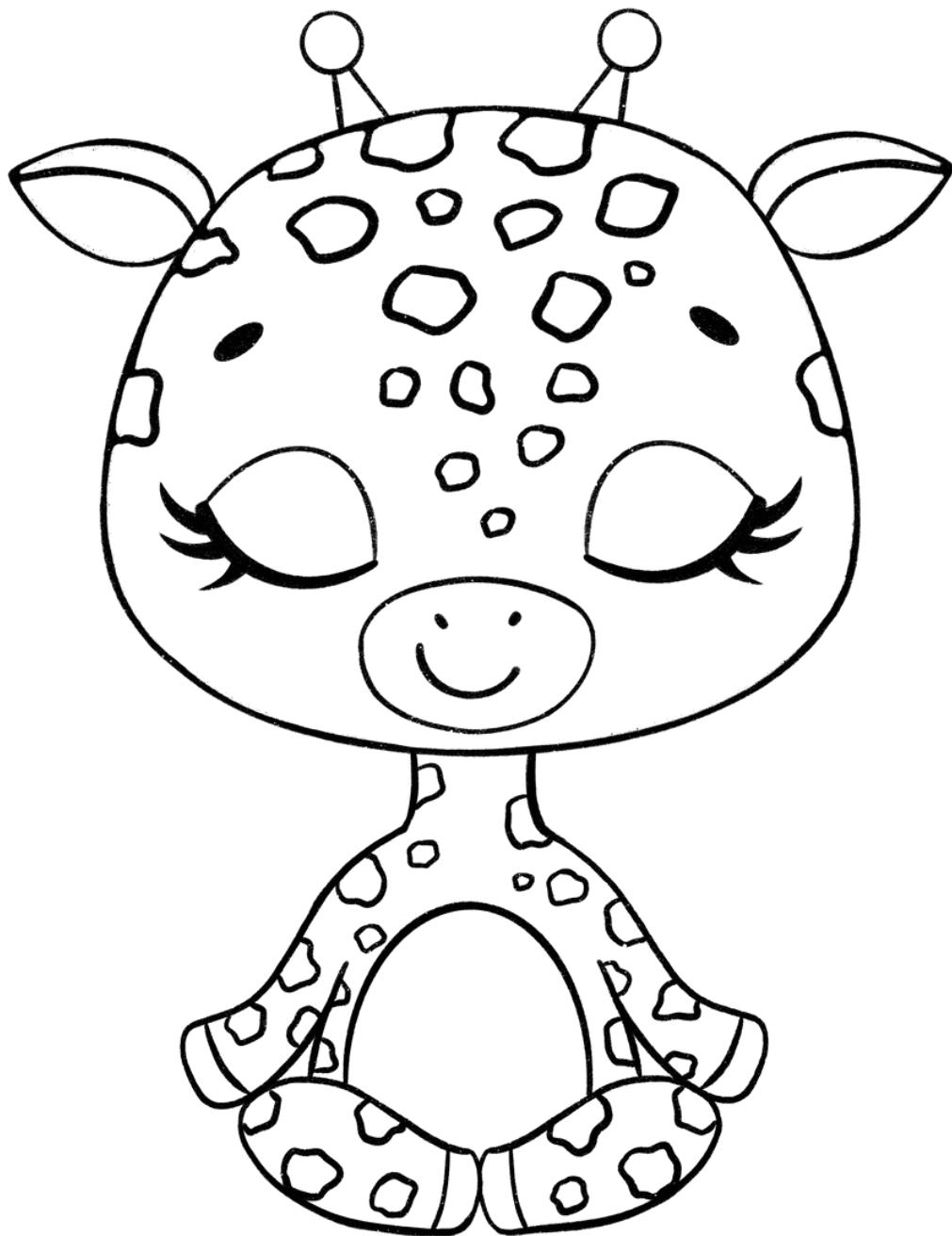
I AM
worthy



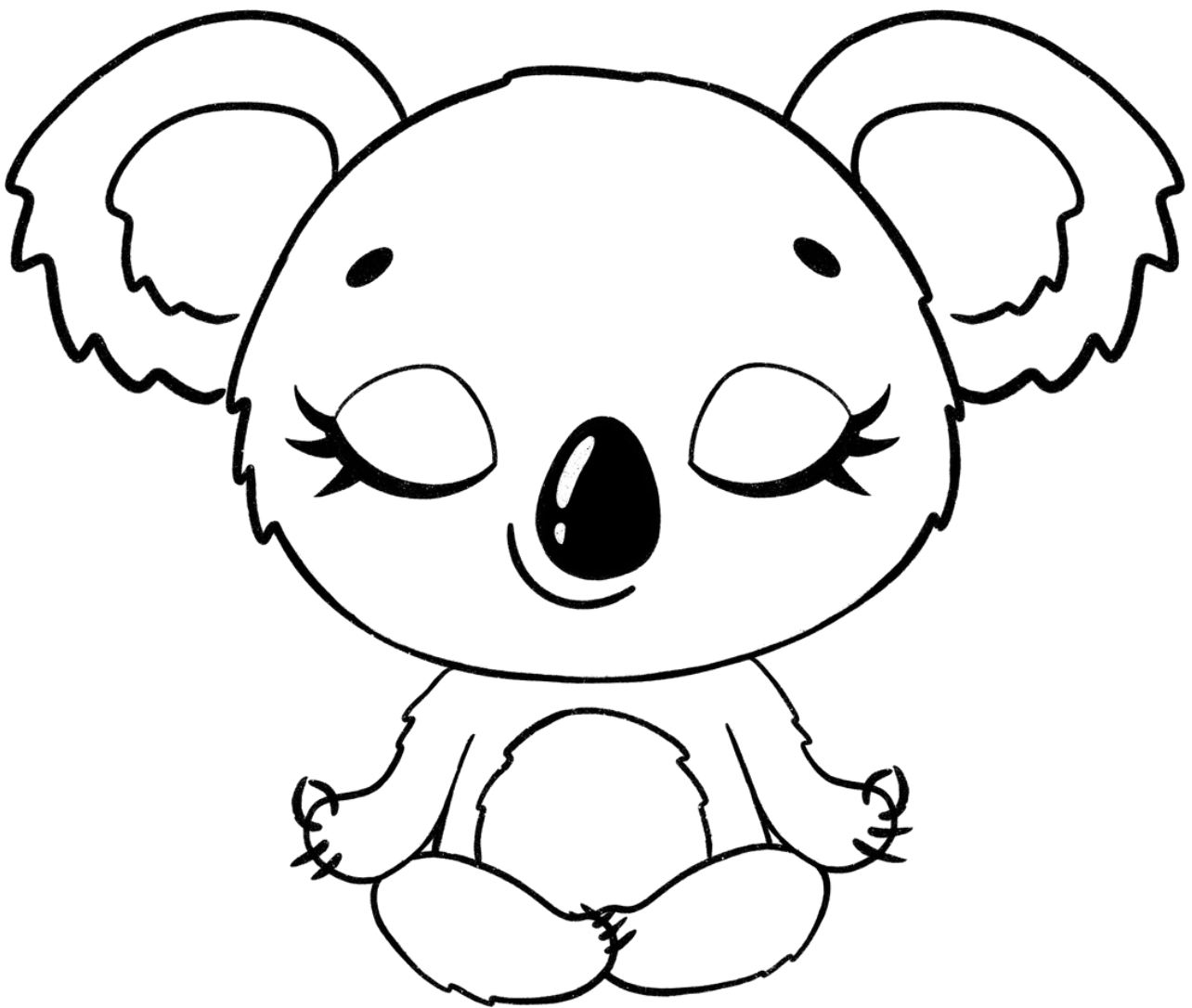
I AM
brave



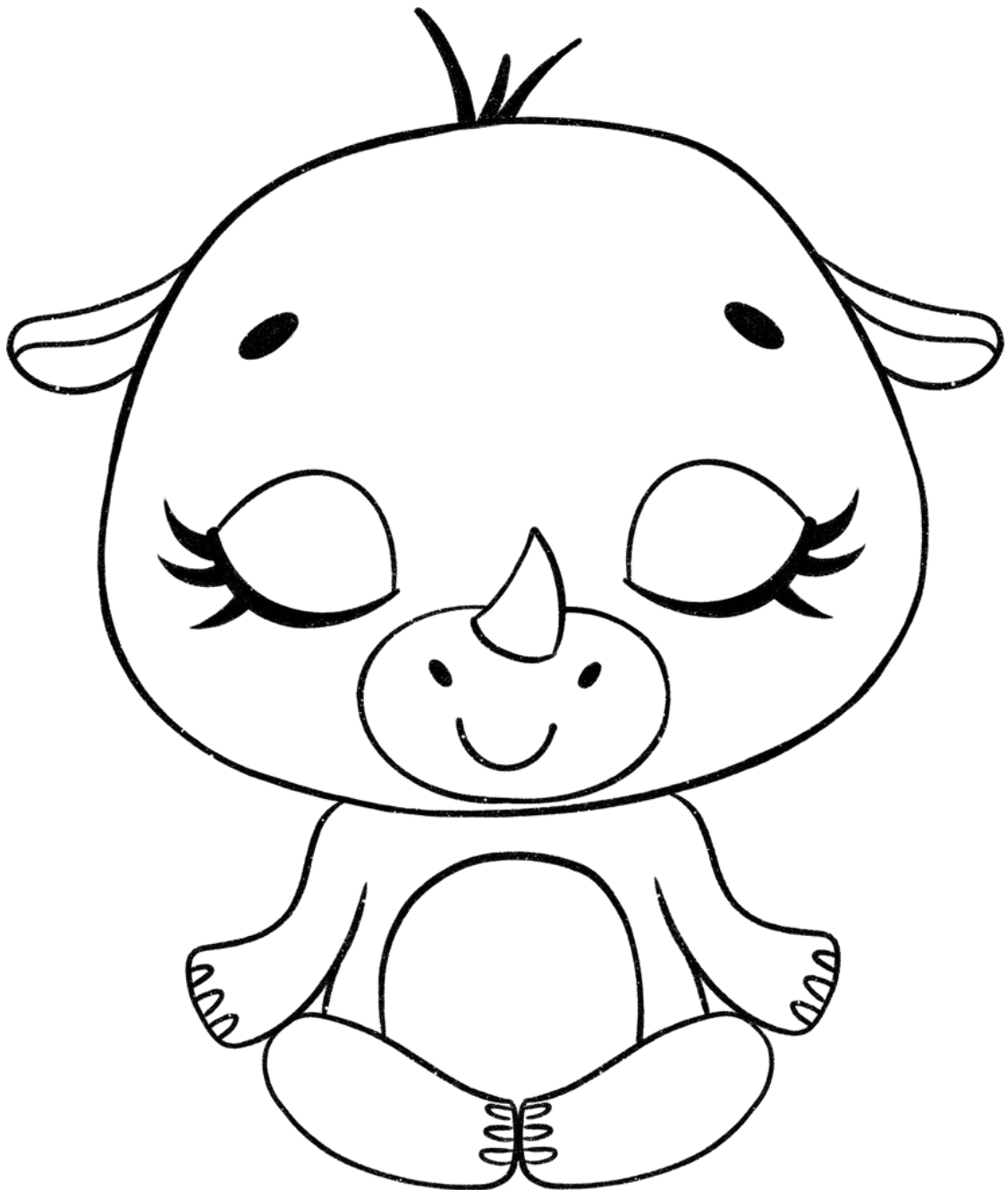
I AM
kind



I AM
loved



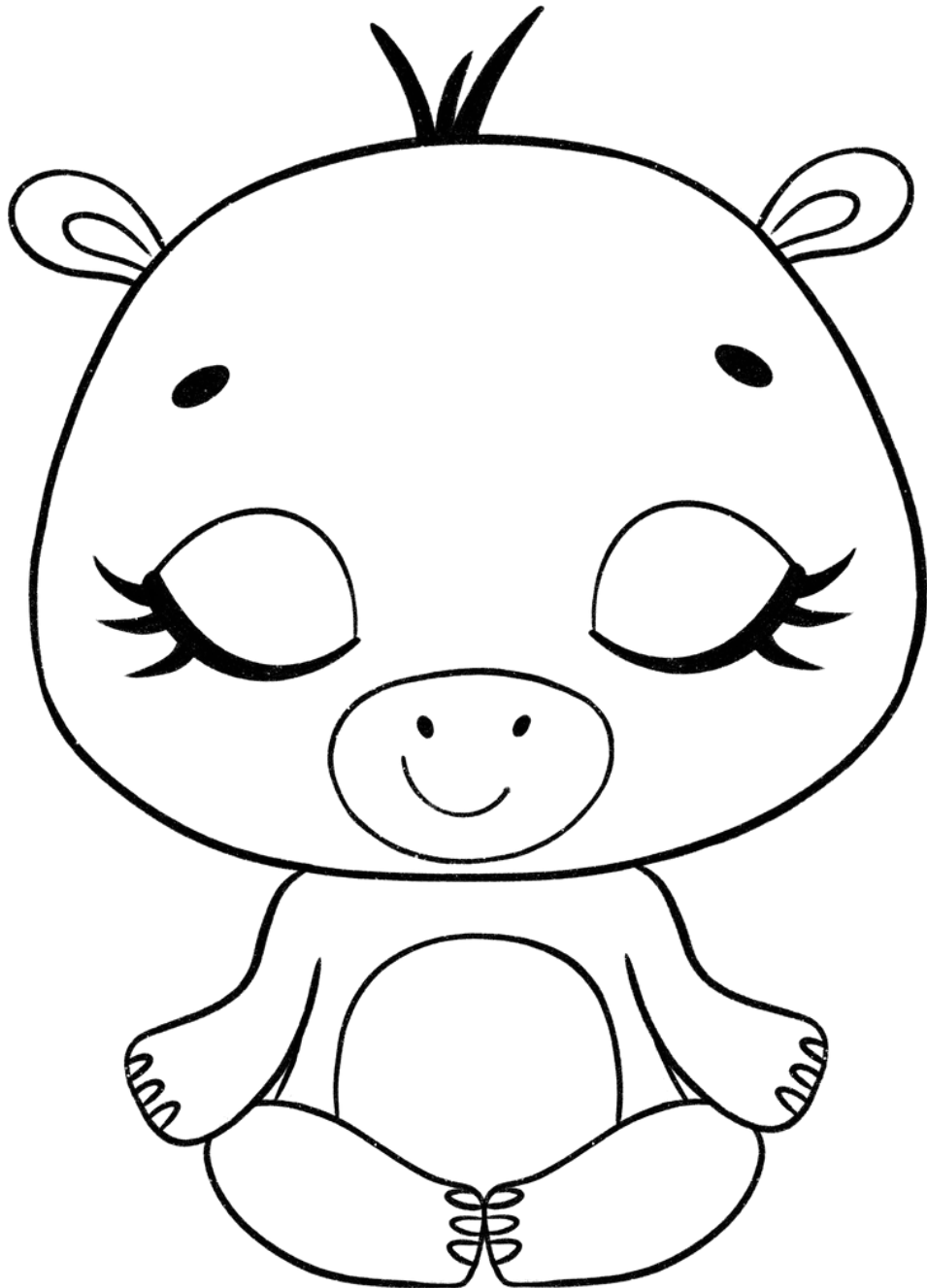
I AM
enough



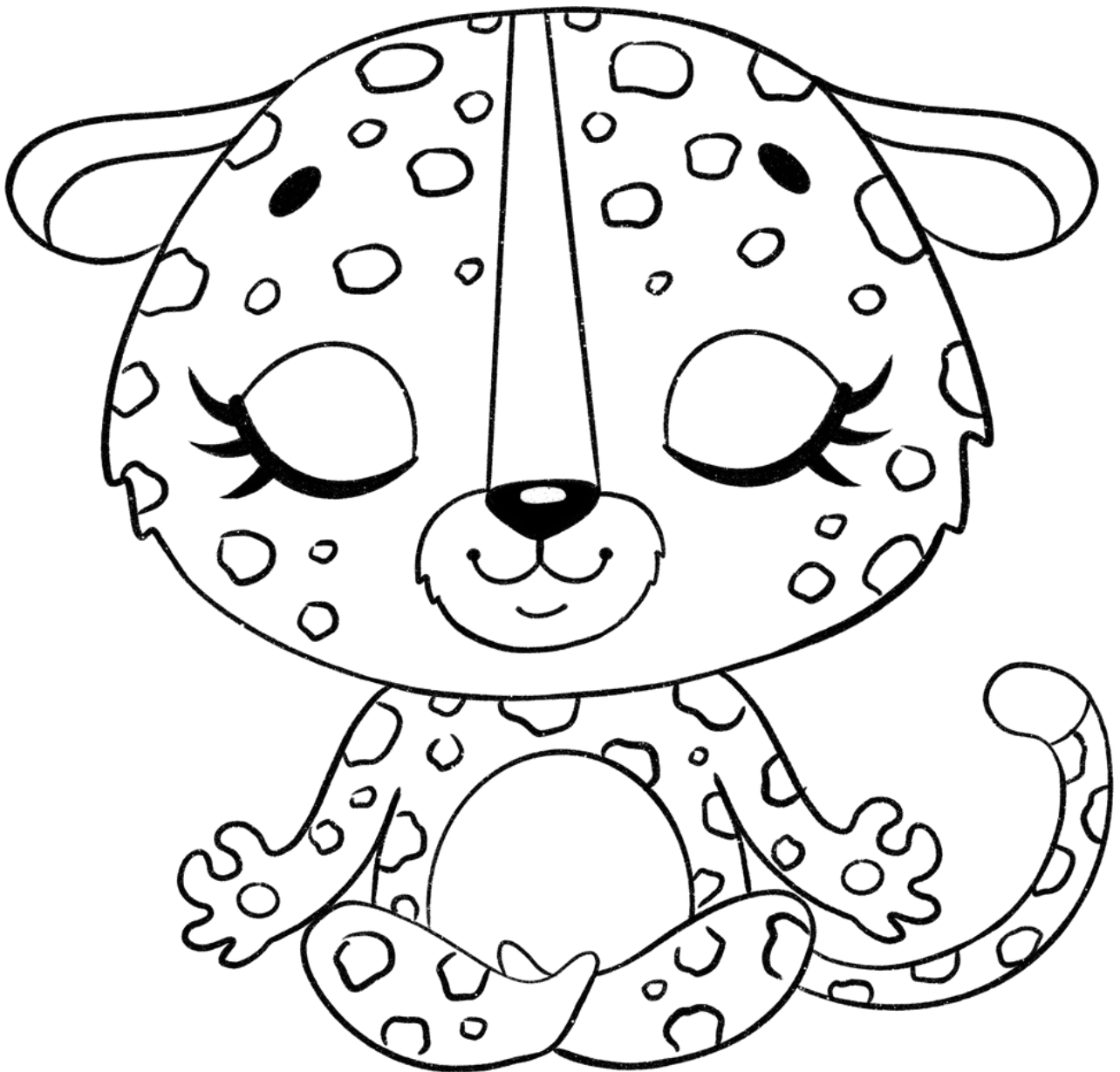
I AM
powerful



I AM
confident



I AM
wise



I AM
friendly



I AM

me

